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Parent-Child Guide

FREE

February/March 2024

Vol. 29 - No. 6

Est. 1995

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**Why More Adults
are Saying “Yes” to
Orthodontic Treatment**

**Cellphones in
Classrooms**

**How Tutoring Helps
Students Succeed**



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MARCH BREAK & SUMMER CAMP GUIDE pg 13-16

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Cellphones in Classrooms

By Claudette Bouman



Dear Parents,

Should smartphones be banned from classrooms? In his prediction for the year ahead, Sachin Maharaj writes in the January/February 2024 *Maclean's*, more schools in Canada will say no to smartphones. What he describes as his classroom experience with smartphones is similar to my own and colleagues of my era.

We saw the introduction of mobile phones into schools in the early 2000s. As mobile technology became more affordable and accessible, parents gave their children these phones for safety, communication, and educational reasons. The local School Board made no firm policy on their use, leaving schools and individual teachers to decide best practices.

When I began teaching at high school in 2005, cellphones in classrooms amounted to what teachers could tolerate from the few students who had them. The Sony Walkman was replaced by digital music players, such as the iPod, and later on by smartphones with music playback capabilities. Some students used these devices to listen to music during instruction time. By 2010, half the students used their phones during class. I often felt like an officer enforcing my particular ban.

According to Maharaj, the Toronto District School Board banned use in 2007 but reversed it by 2011 largely due to student resistance and parental pushback. He writes the reversal was a mistake because of smartphones' detrimental effects on students' ability to pay attention. Maharaj notes half of all Canadian children between ages 7 and 11 now have their own cellphone. This figure increases to 87 per cent for students between the ages of 12 and 17. Research findings show that when phones are allowed in class, children learn less and perform worse because of distraction. Also, students use these devices for purposes other than educational ones.

We could relate the popularity of smartphones to the ubiquitous use of screens where Sweden offers an interesting case. For the past fifteen years, screens gradually replaced textbooks in Sweden. Educators and policy makers became enamoured of desktops, laptops, notebooks, tablets, and the increasingly multi-functional smartphones in schools wherever they could be afforded.

On May 2023, the Minister of Schools in Sweden dumped a strategy of the National Agency for Education, which favored the pursuit of digital technology and e-learning. Lawmakers and doctors have questioned the country's "hyper-digital"

approach to education that may have hindered basic skills. So, educators are returning to reading printed books and favour the practice of handwriting over screentime. Some students, particularly younger ones, like this reversal to reading and writing on paper more because it just feels better. Personally, this preference in children does not come to me as a surprise as I am reminded of my daughter's love for calligraphy in elementary school. There probably is a role for screens in education but *not* for to replace printed books. I remember one of my colleagues declaring he was aiming for a paperless classroom in high school.

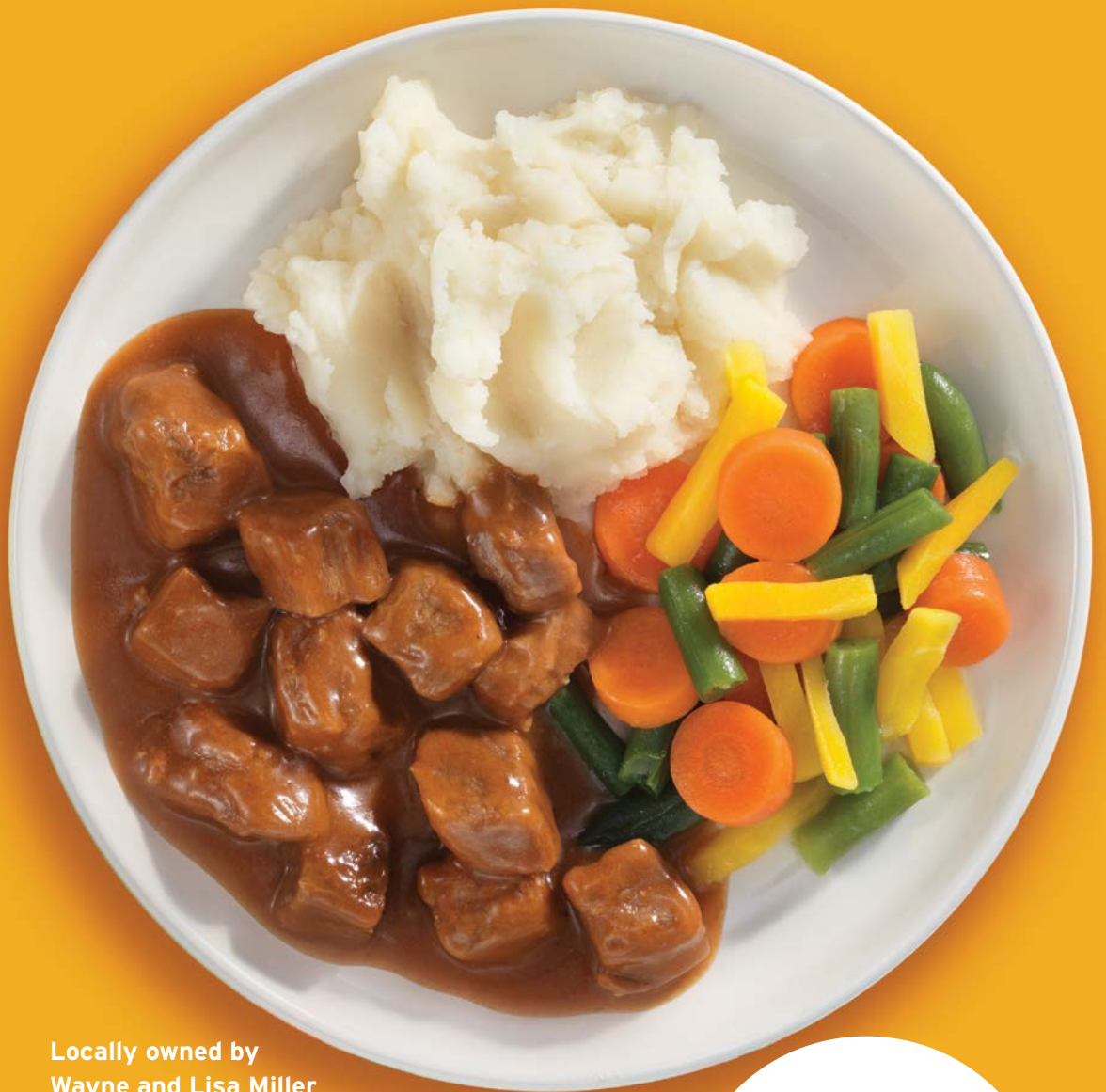
When I asked one of my grade 12 classes about that, most students did not like that idea. Without paper, there are just screens.

Getting back to the question of smartphones in classrooms: smartphones distract rather than aid learning.

"Claudette Bouman retired after teaching for 30 years in Barbados, Saskatchewan, and Nova Scotia. Her memoir, Failing Forward in Saarland published by FriesenPress is due out in Spring 2024."

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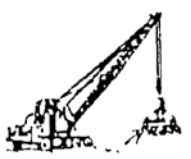
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HRM MLAs and MPs Working Hard for YOU!

Halifax West MP Report

By: Hon. Lena Metlege Diab, Member of Parliament

February has arrived and I want to wish all my constituents a Happy Nova Scotia Heritage Day! This year, our provincial Heritage Day honours William Hall—the first Black person, first Nova Scotian, and third Canadian to receive the Victoria Cross for valour and bravery. To mark the occasion, I'm partnering with our local MLAs to provide free Heritage Day activity packs for families. I'm also supporting two free community skates on Monday, February 19, at the Saint Margaret's Centre (12 Westwood Blvd.) from 12:00-2:00pm and at the BMO Centre (61 Gary Martin Dr.)

from 3:00-4:00pm. You'll find more information on these activities on my Facebook and Instagram pages soon.

HEALTH CARE UPDATE
Improving health care is a top priority, and our federal government is stepping up to get it done. Last month, we finalized a 10-year agreement with Nova Scotia to strengthen our public health care system anchored on reinvestment, accountability, and collaboration. Over the next three years, this plan will invest over \$355 million in federal funding into improving health services and access by: (1) Increasing the number of doctors, nurses, and

specialized health professionals in the province, and improving their working conditions, (2) Improving access to care through expanded clinic hours, Community Health Centres, mobile health services, and virtual urgent care, (3) Making it easier for people to access their health information and book appointments online and use virtual services, (4) Training more mental health professionals and enhancing access to youth mental health services, and (5) Advancing the health priorities of underserved communities and Indigenous people.

Our new agreement also ensures that Nova Scotia will continue improving the use of health data, upholding the Canada Health Act, and streamlining foreign credential recognition. This last issue is a cause I've worked on for years now, and I'm proud to share that—in addition to the funding above—our federal government is also providing up to \$10 million for our province to help get internationally-educated LPNs, pharmacists, medical lab technicians, and other professionals to work in our system faster.

ELECTRIC VEHICLE UPDATE
Last month, I helped announce federal support for 56 new public electric vehicle chargers across our city—including at the Canada Games Centre. Installation will begin in the spring. In recognition of important role EVs will play in Canada's net-zero future, I'm also collecting petition signatures calling for further investments in charging infrastructure in Nova Scotia. If you'd like to add your name, please contact my office.

Thank you for your continued support!



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HRM MLAs and MPs Working Hard for YOU!

A Message from Darrell Samson the Member of Parliament for Sackville-Preston-Chezzetcook

HAPPY NEW YEAR

On behalf of myself and my team, I would like to extend good wishes to everyone in the riding for 2024.

Happy New Year! Bonne Année!

HERITAGE DAY – FAMILY SKATE

Come join us for a **FREE Skate** and **FREE Chili!**



Date: Mon., Feb. 19, 2024

Time: 11am to 1pm

Location: Sackville Arena, 91 First Lake Dr, Lower Sackville NS



Bring your helmet!

BLACK HISTORY MONTH



The month of February is a time to celebrate the many contributions of Black Canadians to our history, identity, and strength as a nation.

We are home to the largest indigenous Black Community in Canada, making February a particularly special month here. Black History month recognizes the sacrifices and perseverance of racial equality in Canada.

Happy Black History Month!

CANADIAN DENTAL CARE PLAN

To meet anticipated demand and ensure a smooth onboarding process, the CDCP will be rolled out using a phased approach over the coming months, starting with seniors.

Letters will be mailed to qualifying individuals with instructions on how to apply, along with a personalized application code.

To qualify for the CDCP, all of the following criteria must be met:

- no access to employer/pension-sponsored or private dental insurance;
- an adjusted family net income of less than \$90,000;
- be a Canadian resident for tax purposes; and
- have filed their tax return in the previous year.

Learn more by visiting: www.canada.ca/en/services/benefits/dental/dental-care-plan.html?fbclid=IwAR2u6slhgNGGD3uu5K-KNhfb2HVrYUIeFCNsqqOX-hC-4mA8l79xc-zjn2y8E Care Plan - Canada.ca

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This Black History Month and every day, we celebrate the many contributions of Black Canadians to our history, identity, and strength as a nation.

Happy Black History Month!

Darrell

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How is the **Canadian Dental Care Plan** being rolled out?

When can I apply?

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Seniors aged 87+	Starting December 2023
Seniors aged 77 - 86	Starting January 2024
Seniors aged 72 - 76	Starting February 2024
Seniors aged 70 - 71	Starting March 2024
Seniors aged 65 - 69	Starting May 2024
Adults with a valid Disability Tax Credit Certificate	Starting June 2024
Children under the age of 18	Starting June 2024
All remaining eligible Canadian residents	Starting 2025

canada.ca/dental

HAPPY GROUNDHOG DAY!

Happy Groundhog Day!
February 2nd, 2024

What do you think?

If our Nova Scotia groundhog Shubenacadie Sam emerges from its burrow and sees its shadow, it will retreat to its den and winter will go on for six more weeks.

Or, if does not see its shadow, spring will arrive early.

Let's hope for the 2nd option!

VALENTINES FOR VETS

Valentines for Vets is a great opportunity to show appreciation to Veterans for their accomplishments and sacrifices. Canadians are invited to create a handmade Valentine and send it to the address below by February 1st to be distributed to Veterans in long-term care.

Valentines for Vets
Veterans Affairs Canada

Commemoration, Distribution Unit
125 Maple Hills Avenue
Charlottetown, PE C1C 0B6

For more information and tips for making a Valentine for a veteran, please visit: www.veterans.gc.ca/eng/remembrance/classroom/valentines-for-veterans?fbclid=IwAR1AMtUeqk0DrQZ2ilCeWFqvz-jyNqMQdFqqg8y0ZoFjZPH0ecJsX-JFZ9Brk



HRM MLAs and MPs Working Hard for YOU!

Nova Scotia Needs a Universal School Lunch Program

A Message from Lorelei Nicoll, MLA Cole Harbour-Dartmouth

The new year is bringing new challenges for Nova Scotians as more and more people find themselves struggling to make ends meet. On January 1st, power rates increased by nearly seven per cent, and the cost of other necessities, like rent, mortgage, groceries and taxes are putting further strain on Nova Scotians' pocketbooks.

As a member of the Standing Committee of Community Services, I recently heard directly from Nick Jennery, Executive Director of Feed Nova Scotia. He shared that in 2023, the number of people who relied on a food bank in HRM grew by 29 per cent. Feed Nova Scotia has increased the amount of food it distributes by 33 per cent and is still struggling to keep up with demand.

Nova Scotia is the only province to receive a failing grade from Food Banks Canada on food security. One in six households in our province are food insecure and we have among the highest child poverty rates in the country. Another sobering statistic Mr. Jennery shared was

that one-third of food bank users are children under 18.

Amongst big challenges lay big opportunities. I am continuing to call on the province to implement a universal school lunch program – so no child goes to school hungry. By ensuring children have access to fresh, healthy food, we're setting them up for success. A



Lorelei Nicoll
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lorelainicollmla.ca

universal school lunch program would also reduce household grocery bills and relieve stress from parents, students and even teachers – as we know educators are digging into their own pockets to ensure their

students have access to food.

That is why I have been calling on the province since 2021 for a universal school lunch program. Hopefully this new year also brings new opportunities.

A Message from Hon. Tim Halman, MLA Dartmouth East

As spring brings a new legislative session within Nova Scotia, our new and latest budget will be introduced, debated and implemented, bringing with it the action needed to tackle what our province needs head on.

While new ideas and solutions continue to be discovered and implemented, it's also a great

opportunity to reflect upon actions our government has taken in and around Dartmouth.

As part of our multi-pronged response to the lack of available housing, we continue construction of three hundred new student housing units, spread across the Akerley and Ivany campuses. This will remove a large number of students

from the open market. We have also committed funding to a project led by Affirmative Ventures, which is currently constructing 45 new affordable housing units on Main Street. The government has announced as well that it will be building 222 new units of public housing, which will serve Nova Scotians across the province.

This is the most new construction of public housing by any government in the 21st century.

Major strides are also being made in Dartmouth in regards to our healthcare system. The Dartmouth General Hospital has received substantial upgrades, including its own MRI machine, in recognition of the fact that it serves



Timothy Halman
MLA, Dartmouth East

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(902) 469-7353
73 Tacoma Drive, Suite 204

such a large percentage of HRM's residents. More farsighted maneuvers include purchasing surrounding land, guaranteeing that the hospital will be able to expand should the need arise in the future.

As budget season generates and implements ideas much like these, it certainly serves to show that Dartmouth has a bright future ahead of it. Stay tuned for this year's budget, and the progress it will bring as well!

Spring Update from MLA Rafah DiCostanzo, Clayton Park West

Look forward to the warmer weather and the Spring flowers blooming. As your MLA, it is always great to get out into the neighborhood and meet constituents. I am looking forward to the many wonderful events that happen each Spring and Summer.

Join us for our First Event of the Year:

Nova Scotia Heritage Day Event – Monday, February 19th 10am-

12pm – Canada Games Centre

We are holding a Family NS Heritage Day event at the Canada Games Centre on Monday, February 19th from 10am – 12pm. Please consider joining me with your friends and family as I partner with Friends of Clayton Park to bring you a fun-filled morning with Face Painting, Entertainment, Crafts for the children and

more! You will learn more about his year's honoree Willaim Hall, VC.

Nova Scotia Heritage Day 2024 is honoring William Hall, VC. William Hall was the first Black person, the first Nova Scotian and the third Canadian to receive the British Empire's highest award for bravery, the Victoria Cross. The son of formerly enslaved people, Hall was born in

1827 in Horton, Nova Scotia. Come join us as we celebrate this honorable Nova Scotian on Heritage Day.

Our Office

Our Office is here to help you with any provincial issues. The cost of living is the biggest issue we are facing currently. My office is hearing from many residents who are feeling the crunch of rising costs. Here are a few of the government



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programs that are available to help you.

- Heating Assistance Rebate Program
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I send out regular E-news-letters to constituents with all the latest updates for

Clayton Park West. Please consider signing up by calling or writing my office – **Rafah@RafahDiCostanzo.com**

Emera presents March Break at the Museum

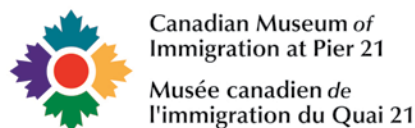
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Photo: Ross Farm Museum

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When you're finished, you can also stop by our Pedlar's Shop and enjoy a nice cup of coffee, our artisanal products, and of course, our famous molasses cookies, which are sure to lift the spirits and indulge your senses. You may be a little overloaded by all the good feelings you get, so you can also take some time to rest at one of our picnic tables! Bring a lunch, or pop up the road to our local cafe, Vittles, and then bring it back to have a little picnic.

It's sure to be an amazing week, so make sure you stop by and enjoy everything we have to offer!

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March Break & Summer Camp Guide



**Spring Break
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March 11-15

Spring Break Camps are adventure-filled camps for children ages 4-9yrs. Each camp theme is based on fun, exciting missions or "Quests" that the kids are challenged to complete each day! Each day of camp involves a fun, creative storyline that will incorporate opportunities for the kids to exercise their muscles, their imaginations and their cooperation skills – working together to complete each Quest! Different themes and quests will cleverly incorporate all 3 Learning Dimensions: Get Moving!, Brain Boost! & Citizen Kid! Camps run 9am-4pm and start at \$60 per day.

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March Break & Summer Camp Guide

Benefits of attending summer camp

by Royal City Soccer Club

The benefits of attending summer camp might seem obvious – healthy, physical activity, but summer camp is so much more. Here are a few of the other benefits:

- Develop life skills - Camps provide the right atmosphere, equipment and facilities for kids to enhance their sports abilities, their artistic talents, and their adventure skills.
- Builds confidence - Camp helps children build self-confidence and self-esteem by removing some of the competitive barriers found in school.
- Promotes independence - Managing their daily decisions in the safe, caring environment of camp, children welcome this as a freedom to blossom in new directions.

- Makes time for play - Children are often overly scheduled and activities overly-structured. Camp life gives children much needed free time to just play.
- Screen-free fun - When kids take a break from TV & cell phones, they rediscover their creative powers and engage the real world.
- Connection with outdoors - Camp reconnects children with the outdoors. Outdoor experience enriches kid's perception of the world and supports healthy child development.

- Build friendships - Free from the social expectations pressuring them at school, camp encourages kids to relax and make friends easily. Everyday, camp creates friendships

- Teaches teamwork - What better place to learn how teamwork works. Camp allows children the opportunity to observe the importance of working as a team in accomplishing a goal.

At Royal City Soccer Club, we try to promote all of these benefits of attending camp. Join us at one of our locations in the Halifax area this summer by visiting royalsoccer.com or call 800-427-0536.



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SUMMER 2024

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 St. Margaret's Centre, 12 Westwood Blvd, Upper Tantallon

March Break & Summer Camp Guide

Success for Pair Skating in Nova Scotia


Even at a young age these teams are learning high level twists, lifts and death spirals. Hard work paid off recently as these 5 teams qualified for the Skate Canada's Challenge event in Oakville Ontario. It's been an exciting season for them as the St. Margaret's Bay Skating club in association with skate Canada's national pair initiative has brought in Olympian Cody Hay to mentor the pairs program. The St. Margaret's Bay Skating Club through fundraising activities also brought in Olympians Kirsten Moore Towers, Michael Marinaro, Mitchell Islam and Kelly Johnson. This elite level of instruction is motivating and inspiring.

These teams train in St. Margaret's Centre, in Upper Tantallon but many of them travel quite a distance to get to the rink 5 days a week. Their ambition and determination to succeed is evident in their fantastic competition results all season. The pairs will be competing with the best in Canada with hopes of having their personal best performances and scores. Making their mark in a National Competition will help set up their future as a team and put Nova Scotia on the map for elite pair skating in Canada.


Pictured are the teams from left to right. Alyssa DoCouto and Will Reichheld, Fallon Pothier and Matthew Roberts, Violet Singh and Sean Mabe, Cassidy Trudeau and Luc Dupuis, Raylynn Dill and Andrew Reisbeck. Also joining their teammates in the singles discipline from the St. Margaret's Bay Skating Club is Jaxin Wilson and Connell Meagher. Alyssa DoCouto is the only double entry for team Nova Scotia as she will be competing in both pairs and singles.

St. Margaret's Bay Skating Club offers many programs from Learn to Skate to elite singles, dance, pairs and everything in between. Through the Skate Canada Pair Initiative, the St. Margaret's Bay Skating club is always willing to help skaters try pairs when they are interested. The future is bright for figure skating in Nova Scotia. Best of luck to all TEAM NOVA SCOTIA!!





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March Break & Summer Camp Guide

Unlocking Potential: Top 10 Reasons to Enrol Your Child in a Performing Arts Camp this Summer

by Stagecoach



As the summer sun beckons, parents find themselves seeking engaging and enriching experiences for their children. One option that continues to gain popularity is enrolling kids in performing arts camps. These camps offer a unique blend of creativity, skill development, and confidence building. Stagecoach stands out as a premier choice for parents looking to ignite their child's passion for the performing arts.

Here are the top 10 reasons why you should consider enrolling your child in a Stagecoach Kids Camp:

Cultivating Confidence: Performing arts camps provide a nurturing environment where children can explore their creativity and express themselves without fear of judgement. This builds self-confidence and helps them become more

comfortable in their own skin.

Developing Communication Skills: Through acting, singing, and dancing, children enhance their communication skills. They learn to articulate ideas, project their voices, and express emotions effectively – valuable skills that extend beyond the stage.

Building Teamwork and Collaboration: Many performing arts activities require teamwork and collaboration. Whether it's working on a group dance routine or participating in a musical ensemble, children learn to work together towards a common goal, fostering a sense of unity and camaraderie.

Enhancing Creativity: Performing arts camps encourage children to think outside the box, fostering creativity and imagination. Through scriptwriting, improvisation, and character development, kids develop a heightened sense of creativity that can be applied to various aspects of their lives.

Boosting Emotional Intelligence: Engaging in performing arts helps children explore and understand a wide range of emotions. By portraying different characters and situations, they become more emotionally intelligent, gaining a better understanding of themselves and others.

Physical Fitness and Well-being: Dance and movement activities not only improve physical fitness but also promote a healthy lifestyle. Performing arts camps offer a fun and enjoyable way for children to stay active during the summer months.

Time Management and Discipline: The structure of performing arts camps teaches children the importance of time

management and discipline. Rehearsals, practice sessions, and performances require dedication and commitment, instilling valuable life skills.

Fostering a Love for the Arts: Exposure to various forms of performing arts at a young age can cultivate a lifelong appreciation for the arts. Whether it's acting, singing, or dancing, children discover their passions and interests in a supportive and encouraging environment.

Celebrating Diversity: Performing arts camps often bring together children from diverse backgrounds, fostering an inclusive and accepting community. This exposure helps children appreciate and celebrate differences, promoting a sense of global awareness.

FUN!!! Isn't that what summer camp is all about? Enrolling your child in a performing arts camp with Stagecoach Halifax ensures they have a summer filled with memorable experiences, new friendships, and the joy of discovering and showcasing their talents on stage.

Stagecoach Halifax's performing arts camps offer a fun and enriching experience for children during the summer break. From building confidence to enhancing creativity, these kids camps provide a platform for children to explore their potential in a supportive and encouraging environment. With camps in Halifax, Bedford, Truro and Dartmouth this summer - there is something for everyone! Enrol your child in Stagecoach Halifax's summer camp, and watch them shine on and off the stage! For more information head to www.stagecoachschools.ca

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Atlantic “Champ” Hits the Ice Thanks to Public Support of the War Amps Key Tag Service

Atlantic Canada residents can expect to receive their 2024 War Amps key tags in the mail this month.

Donations to the Service provide vital support to amputees across the country including Kirill Facey, an 11-year-old from Paradise, Newfoundland.

Kirill was born missing his right arm, and as a member of The War Amps Child Amputee (CHAMP) Program, he is eligible to receive financial assistance for artificial limbs and devices.

Kirill enjoys curling and was fitted with a device to help him hold on to the broom. “We are so appreciative of the support The War Amps is providing,” says Kirill’s mom, Lesley. “CHAMP makes it possible for Kirill to participate in any activity he chooses.”

The Key Tag Service was launched in 1946 so that re-

turning war amputee veterans could not only work for competitive wages, but also provide a service to Canadians that would generate funds for the Association’s many programs, including CHAMP. The Key Tag Service continues to employ amputees and people with disabilities and has returned more than 1.5 million sets of lost keys to their owners.

Each key tag has a confidentially coded number. If you lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox in Canada, and The War Amps will return them to you by courier, free of charge.

The War Amps receives no government grants and its programs are possible

through public support of the Key Tag Service. For more information, or to order key tags, visit waramps.ca or call toll-free 1 800 250-3030.





Kirill with his curling device that was funded thanks to public support of The War Amps Key Tag Service.




The War Amps

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Health & Wellness

Why more adults are saying “yes” to Orthodontic treatment

By Dr. Sarah Davidson DDS, MSc (Ortho) FRCD (C),
Orthodontist The Brace Space



More often than not, when people hear “braces”, they think of their kids. But today, more and more adults are seeking options to improve their own smiles. You might be surprised to know, that in some practices, nearly half of all orthodontic patients are now adults.

So what is motivating this wave of adult orthodontics? There is now increasing awareness of the importance of oral health to our overall health. A healthy smile involves a functional bite, where the teeth are well-supported, and therefore prevents unusual wear. The bonus is that a healthy smile is also a beautiful smile and by putting your teeth in the proper position you are also giving yourself the smile you dream of!

Despite all of the benefits of having your teeth properly aligned, some adults remain hesitant to go through orthodontics. The stigma that braces are for “younger patients” may make them feel uncomfortable or they can’t imagine wearing metal braces. In some cases they had treatment as teenagers and are reluctant to go through braces twice. Whatever the reason, adults that are seeking consultation with an Orthodontist are pleasantly surprised with what they learn. Not only are orthodontic offices very accustomed to adult patients, but with new advances in technology, the smile of your dreams may be easier to attain than you might imagine!

Conventional braces

have improved significantly and there are now fantastic clear options. Braces are now smaller, smoother and lower profile than ever before, which makes them more comfortable to wear. Conventional braces remain an excellent way to straighten your teeth. For the more esthetically conscious patient, clear aligners are an exciting alternative to conventional braces. Invisalign is a popular clear aligner product that offers patients a nearly invisible solution for correcting their smile. Orthodontists can seek advanced training to treat even highly complex cases. Many patients who have been previously told they are “not an Invisalign case” are finding they now are. Treatment can begin as simply as having a digital scan from which your

custom-made aligners are made.

The most advanced techniques in Orthodontics are offered right here in our community. Ask your local Orthodontist today, about the options that are available for you and you just might leave smiling!

Dr. Sarah Davidson is a Board-Certified Orthodontic Specialist. She is a co-owner of The Brace Space in Bedford (Larry Uteck), The Brace Space Sackville, The Brace Space Halifax and The Brace Space Dartmouth, offering conventional braces and Invisalign for children, teens and adults. For more information, contact (902) 455-7222.

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How Tutoring Helps Students Succeed

By Oxford Learning

Tutoring has long been recognized as an effective tool for enhancing student learning outcomes. In recent years, as education shifted to remote or hybrid models due to the pandemic, tutoring has gained even greater attention as a way to support ongoing student learning. A report from the Canadian Council on Learning (CCL) highlights the evidence for tutoring as an effective tool in promoting student success.

The CCL report identifies several critical benefits of tutoring. First, tutoring provides **personalized instruction** tailored to each student's unique learning needs. This individualized attention can help students struggling with specific concepts or skills to catch up to their peers.

Additionally, tutoring can help students who are already performing well to **further develop their skills** and knowledge further.

Tutoring provides students with more opportunities for feedback and support. In a classroom setting, teachers may need more time or resources to provide individ-

ualized feedback to each student. A tutoring program can fill this gap by providing students with regular feedback and support that can help them improve their understanding of the material.

Tutoring can strengthen subject comprehension, boost confidence, and build essential learning skills. It also gives students the individualized attention they don't get in a busy classroom. This helps children who struggle to keep up and those who need an extra challenge.

Tutoring Builds Student's Confidence

Did you know that tutoring can help students build confidence in their abilities?

When students receive individualized attention and support, they may feel more empowered to take risks and try new things. This can lead to greater self-efficacy and a more positive attitude toward learning.

Tutoring Sets Students Up for Success

The evidence for tutoring suggests that it is a powerful tool for promoting student success. The report

recommends that tutoring programs be designed with the student's needs in mind and integrated into existing educational programs.

Tutoring is a Powerful Tool

The evidence for tutoring is in! Tutoring is a powerful tool for enhancing student learning outcomes.

It provides personalized instruction, opportunities for feedback and support, and can help build student confidence. As education evolves in response to the pandemic and other factors, tutoring will become an even more critical tool for promoting student success.

Do You Need More Evidence for Tutoring?

Contact our centre today. We can help your family create great academic habits to ensure students succeed. We will show you evidence that tutoring works firsthand!

Contact us today at bedford@oxfordlearning.com 902-405-4116 or halifax@oxfordlearning.com 902-423-4484.

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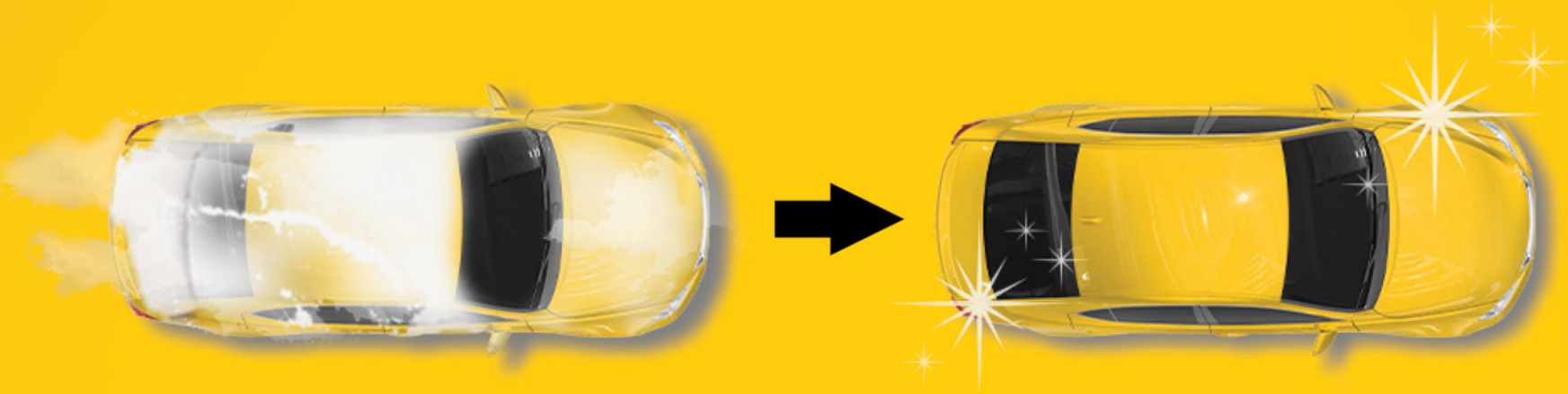
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